

BASE BULLETIN
VANDENBERG AFB CA 93437-0759

31 January 2001

No. 5

The Base Bulletin is published each Wednesday (except holidays). Send proposed bulletin items (via email to <mailto:publishing.management.dci@vandenberg.af.mil> or to Publishing Management DCI on the Global, or via fax to DSN 276-6614 or 805-606-6614) to arrive at DCI/SCSP by noon Friday, the week before you want your item to appear. Submit your items typed or printed on 30 SW Form 8, Official Bulletin Notice. Be sure to include your name, office symbol, and office phone number. Remember to include your home phone number for personal items. Limit official items to four lines, unofficial to 2-3 lines and personal items to one line. Your items will run for two consecutive weeks, and may be resubmitted one week after the last date it was published. Bulletins are valid for 90 days unless rescinded or superseded. Note: If an article requires a 30 SW Form 400, this form must be submitted with the article, or it will not be published.

SECTION I - ADMINISTRATIVE DUTIES

Duty Chaplain: Duty phone, 6-5773. After hours, 6-9961
Safety Hazard? Dial 5-SAFE (If off base, dial 605-SAFE)

SECTION II - OFFICIAL

1. 30th Communications Squadron:

a. Emission Security Announcement: If you have classified processors and have a need to switch classified and unclassified signal wire lines or share one monitor, keyboard, and mouse with a classified central processing unit (CPU) and an unclassified CPU, an A/B switch can be used. Contact MSgt M. Landon at extension 5-2352 for more information. (30CS/SCBI, 5-3252)

b. Verizon/GTE Telephone Directories: To All Unit Primary/Alternate TCO'S. To those of you who have not yet picked up your commercial Lompoc and Santa Maria/Five Cities directories there will be a "last chance" day on Thursday 1 Feb 01. Please call 6-5678 to advise as to the quantity you require and arrange a pick-up time. (30CS/SCAO DCI, 6-5678)

c. Rescinded Publication: The following publication has been rescinded and removed from the VEPDL: AFI 34-801_30SWSUP1, Youth Sports Program. (30 CS/SCSP, 67892/4)

2. Traffic Management Office:

a. Separating, Retiring or PCSing? PLAN AHEAD! Within 30 days of receipt of orders, stop by TMO, Bldg 11777, Rm C-103 to schedule an appointment for your household goods pick up dates. Remember, the earlier you meet with us, the greater your chances of moving on the date you initially select. As always, we will work with you to the greatest extent possible. POC: TSgt Dobbs, ext 6-0904 (30 TRANS/LGTTH)

b. Approval for On-Base Commercial Carrier Accounts and Pick Up Points: Attention all DoD organizations on Vandenberg AFB: Under the provisions of AFI 24-201, paragraph 2.1, the Traffic Management Office (TMO) must approve all on-base commercial carrier accounts and pick up points. To assist us in ensuring we are complying with AFI 24-201, we request all organizations with a commercial carrier (Federal Express, United Parcel, etc.) contact TMO. POC: MSgt Hawley, ext 6-3381 (30 TRANS/LGTTF)

3. Annual Leave Donations: Virginia Sobal, 30LG/LGPP, Vandenberg AFB, has been approved for the Voluntary Leave Transfer Program. Individuals wishing to donate leave must complete an Optional Form 630-A. Come by Bldg 11777, Rm B-105, to pick-up and complete the form. (30MSS/DPCE, 6-5847)

4. DeCA Scholarship for Military Children: One scholarship, worth \$1500, is awarded at each Commissary location to children of Active Duty, Reserve/Guard, and Retired members. High School Seniors and those studying full time toward their first undergraduate degree up to age 23, are eligible

to apply. Pick up an application at your local Commissary or download from www.commissaries.com. Deadline is 15 Feb 01. (DeCA/WP-VRG, 5-8801)

5. 30th Security Squadron Information:

a. Neighborhood Watch Program: This program is run by you and designed to help ensure a safe and secure neighborhood. If you are interested in starting this program in your area, call Police Services, 5-0792. (30 SFS/SFOSP)

b. Vacation Quarters Check: If you live in base housing and plan to take leave or go TDY, have Security Forces check your home while you are gone. To make arrangements, stop by the Law Enforcement Desk, Bldg. 13675. For more information, call Police Services, 5-0792. (30 SFS/SFOSP)

c. Firearms Registration: IAW 30 SWI 31-101, Installation Security Program, Paragraph 14.3.1., all base residents who own or possess firearms must register them with the Pass and Registration Office. To initiate the process, request an AF Form 1314, Firearms Registration, from your orderly room. After completing in triplicate, take the signed form to Bldg. 11777, Room C-111. For more information, contact your Resource Protection Monitor, or call 5-0797. (30 SFS/SFOSP)

6. Air Force Reserve Information - Palace Chase Briefing: 14 Jan 01, 1300, Bldg. 11777, Room C-114. If you are interested in applying for this program, you must first attend this briefing. For more information, call MSgt Kartheiser (AF Reserve Recruiter, 6-2704). (30 MSS/DPMAR)

OFFICIAL

STEPHEN L. LANNING
Colonel, USAF
Commander

SUSANNE BRIXLER-STAAB
Chief, Publishing Management

SECTION III – UNOFFICIAL

BLACK HISTORY MONTH (BHM) SCHEDULE OF EVENTS: (30CES/CEOHV, 6-4150)

DATE/TIME	EVENT	LOCATION
3 Feb 01, 1800	Gospel Jubilee	Chapel 1 Vandenberg AFB
7 Feb 01, 0945	Black Cultural Awareness	Las Padres Elementary Day School
9 Feb 01, 0945	Black Cultural Awareness	Crestview Elementary Day School
10 Feb 01, 1530	Afro-centric Film	Base Theatre (VAFB)
15 Feb 01, 1500	BHM Expo	Services Center, Bldg 10122
19-22 Feb 01, TBD	BHM Jeopardy	Services Center, Bldg 10122
24 Feb 01, 1800	BHM Banquet	Pacific Coast Club

Community Support Center: Pre-Register for all Classes, Workshops and Seminars. (30MSS/DPF)

a. Interviewing and Dress for Success: 31 Jan 01, 1400-1630. Make a statement, and get the job! Learn what to wear and what “not” to wear. Learn tips to dress for your interview and workplace. To sign up, call 5-8557.

b. Stress Management: 5 & 6 Feb 01. Meet the first day 0800-1600 at the Family Support Center and the second day 0800-1200, at the Health & Wellness Center. This class is a thorough look at which aspects of your life are causing stress or pressure and then provides a variety of tools to manage life stressors at work or your personal life. To register, call 6-9958.

c. Newcomer Spouse Orientation: 5 Feb 01, 745-1230 for a full morning of the Base Newcomer Orientation at the Pacific Coast Club or opt to arrive at 0950 to attend the Community Fair followed by the Spouse Group at 1100. Children are welcome to the Fair and Spouse Group – toys are

provided. Meet other newcomers and learn about services and things to do on and off VAFB. Registration is not necessary, but call 6-0801 for more information.

d. Single Parents Support Group: 5 Feb 01, 1100-1230 at the Pacific Coast Club. This is an informal group for individuals who are dealing with divorce and single parenting. Pre-Registration not required. For more information, call 6-9958.

e. TAP Seminar: 6-8 Feb 01. In an effort to continually improve the Transition Assistance Program (TAP) a new procedure has been implemented as of January 2001. There will be a single, generic 3-day TAP seminar for all retirees and separatees each month. Also, only those retirees and separatees who are within the one-year window are eligible to register. Spouses will be accommodated on a space available basis. Call 5-0134 to register if you are within one year of separation or retirement.

f. General Henry H. Arnold Education Grant Program: The Air Force Aid Society, recognizing that higher education costs are rising while more restrictive needs tests are limiting access to loan programs, added a grant program to their list of education financing alternatives. This program provides \$1500 grants to selected sons and daughters of active duty, retired or deceased Air Force members, spouses of active duty members stationed stateside, widows of deceased members, retired AGR Reservists whether or not they are receiving retired pay, Title 10m AGR/Reservists on extended active duty and Title 32 AGR performing full-time duties, for their undergraduate studies. This year the Society hopes to award 5,000 grants. But you've got to apply before 16 Mar 01 to be considered. Visit your AFAS Section for an application today, or go on the internet at <http://www.afas.org/Afasedu.htm>, for an application. For more information, call 5-8551.

g. Foundation to Parenting Series: 8 Feb 01 to 1 Mar 01, 1300-1500. A workshop covering a series of parenting topics. To register contact Linda Bastine at 6-9958 or Greg Barisich at 6-5338.

h. Monthly Prayer Breakfast: 8 Feb 01, 0630 - 0720. All are invited to join the Chapel staff for a free monthly inter-faith Prayer Breakfast in the Chapel Annex. Breakfast is served at 0630, with guest speaker at 0650. For information, call 6-5773.

i. Healthy Cooking Classes: 1130-1300, 9 Feb 01. Call the HAWC, 6-2211, to sign up.

j. Mutual Fund Basics: 9 Feb 01, 1300-1400. Also known as Mutual Funds 101, this class will explain the basics of investing in mutual funds. To register, call 6-4491.

k. Sponsorship Training: 12 Feb 01, 1500-1600. Hear about the changes in the program and learn sponsor responsibilities, relocation resources, and tips to assist newcomers. Also offered as a tutorial on the "Intranet" or website <https://intranet.vandenberg.af.mil/sponsor/index.htm>. To sign up call 6-0801.

l. Survivor Benefit Plan for Spouses Class: 13 Feb 01, 1400-1500. Estate planning is for everyone, and spouses of future military retirees should understand the "SBP" plan clearly. Since the decision to participate in an SBP involves a major financial undertaking, it should not be taken lightly. It is a one-time election option as the sponsor retires. Learn the nuts and bolts of this government-sponsored insurance plan so that the spouses can assist their sponsors in making informed decisions. For more information call 5-0134.

m. Resume Writing: 14 Feb 01, 1400-1630. Learn how to write a winning resume or update an old one. Learn current formats/styles, hot effective words, and power statements to include in your winning resume! To register call Tinisha Agramonte at 5-8557.

n. Give Parents A Break: Available to eligible parents for a few hours break from the stress of parenting. Families must be referred by the Squadron CC, First Sergeant, Chaplain, a medical professional, the Child Development Center, or Family Advocacy Office. Call 5-8551 to learn more.

o. Videophone Program: This program provides videophone communication for immediate family of military members who are deployed, remote or TDY. Call TSgt Spencer at 6-0039 to set up an appointment.

p. The Food Pantry: The Food Pantry is a volunteer program that assists military personnel and their family members experiencing financial hardship by collecting and distributing donated food and other products. Families are provided with a certain amount of food to help them get through a payday-to-payday existence. In addition, Ms. Darlene Horne distributes USDA commodities to qualified families according to income. The following donations are always needed and appreciated: Cereal, Rice, Peanut Butter, Beans, Pasta, Soups, Baby Formula, Crackers, Cookies, Baby food, Canned Fruits/Vegetables, Basic Essentials. For more information call 6-2960 or 6-0039.

q. Dial-A-Story: 606-4300. This telephone story telling service is available free of charge, 24 hours a day. Stories are changed every Monday and feature a wide variety of entertainment for children.

r. Joint Retiree Activities Center: 15 Feb 01, 1300. Guest Speaker will be Ms. Ann Fox, 30 SW Judge Advocate's Office speaking on taxes and tax preparation. Open Tuesday through Friday, 1000-1400, Bldg 10364, Base Exchange area - across from Four Seasons Store. Call 606-5474 for more information.

s. Dads to New Dads Program: As a new dad you may have questions or worries about your new role. Consider this mentorship program that provides you special support during this time in your life. Call Nancy Sias at 6-5338 for details.

t. Microfit Assessment: Have an accurate assessment of your physical condition performed. The assessment includes measurement, body weight, body fat, blood pressure, flexibility, cardiovascular conditioning, absolute strength, dynamic strength, and a health risk appraisal. Appointment is required, so call 6-2221.

30th Services Squadron (30 SVS/SVK, 6-0276)

a. Pacific Coast Club (For details on any club functions please call 734-4375 or 734-4376).

Entertainment

- Every Friday **Members Only Social Hour.** 1700. Complimentary snacks.
- Every Friday **Club Card Drawing.** 1800. \$300 pot every Friday, must be present to win. If no one wins, we add \$25 to the pot each week until there is a winner.
- 3 Feb 01, 2100-0200. Every Saturday, enjoy the **DJ in the Hawk's Nest.**

Menu

- **Lunchtime Potato Bar:** The club now has a lunchtime potato bar available Mon-Fri. Baked Potato with unlimited toppings including Chili & Cheese, and a small salad just \$3.95.
- **Lunch Time Buffet:** Monday – Italian, Tuesday – Mexican, Wednesday – Santa Maria BBQ, Thursday – Chicken & Ribs, Friday – Seafood.
- Tuesday and Thursday Dining menu, 1800-2000.
 - 30 Jan 01. 2 For 1 **Prime Rib.** \$16.95.
 - 1 Feb 01. 2 For 1 **Rib Eye Steak.** \$16.95.
 - 6 Feb 01. 2 For 1 **Prime Rib.** \$16.95.
- **Foggio's:** Now call and order ahead at 5-7800.
 - **Expanded Menu:** Now, all your lunch favorite lunch items can be ordered at night.
 - **February Special:** Monday night is Pizza Night! Large Cheese Pizza for just \$7.50 (\$1.25 per additional topping). Pick-up orders only. Offer good Mondays after 1700.

b. Fitness Center: (30SVS/SVMP, 6-3832)

- **Free Karate Classes:** Traditional Shotokan International Karate-Do classes are now available. Classes run Mon & Fri from 1800-2000 at the Services Center and Wed from 1800-2000 at the Base Gym Annex. For men, women and kids 8 or older. For more information, call 736-6213.
- **Track Closure:** Now through 6 Feb 01. The base running track is closed for resurfacing.
- **Sweetheart 5K Run:** 9 Feb 01. Registration deadline is 8 Feb 01. Sign up today.
- **Biathlon:** 24 Mar 01, 0900. 5K or 15K Bike Ride. Start training today.

c. Family Aquatics Center: (30SVS/SVRO, 6-3581)

- **Central Coast Marlins:** The Family Aquatics Center is offering a year-round competitive swim team for children ages 5-18. There are three programs based on experience and skill level. Stop by the Aquatics Center and check it out. The first week is free.
- **Help Wanted:** Are you looking for an exciting summer job as a lifeguard or swim instructor? The VAFB Family Aquatics Center is seeking qualified, responsible and motivated individuals to join our summer staff. If you are interested, please call Jennifer at 6-3581.

d. Bowling Center: (30SVS/SVK, 6-3209)

- **Thunder Alley/Rock 300:** Thursday, 1800-2100, Family Night. Friday, 2200-0100, Thunder Alley/Rock 300. Saturday, 2100-2400, Thunder Alley/Rock 300.
- **Youth Postal Bowling:** 3 Feb 01. The Bowling Center in conjunction with the Youth Center will host the 2nd Annual Youth Postal Bowling Tournament. This event is open to all youths age 5-18. Just \$.50 per game with free shoe rental. Enter in either of two squads - Squad 1 bowls at 1300, Squad 2 bowls at 1500. Sign up at the Youth Center today.

e. Services Center: (30SVS/SVYR, 5-8974)

- **New Natural Knead Massage Therapy:** Located in the Services Center. Gift certificates and evening appointments are available. Credit Cards accepted. For an appointment call 5-4748 or 717-9088.
- **Country Line Dancing:** Ongoing FREE dance lessons at the Service Center. Wednesday, 1830-2100.
- **Upcoming Trips:**
 - 16-19 Feb 01. **Lake Tahoe Skiing Trip.** Three nights at the Holiday Lodge: \$190 single, \$130 each/double, \$110 each/triple. Leave VAFB at 0800 16 Feb 01, return 1900 19 Feb 01.
 - 3-4 Mar 01. **Las Vegas Turnaround.** Cost is \$40. Leave VAFB at 0600 arrive in Las Vegas at 1500. Twelve hours to spend as you wish, no monitoring, plus \$25 back in free play and coupons.
 - 7 Mar 01. **Price Is Right with Bob Barker.** Cost is \$40. Transportation and guaranteed seating. Must be 18 yrs old and have two valid forms of ID.
 - 9 Mar 01. **Dharma & Greg TV Taping.** \$25. Leave VAFB at 1400.
- f. **Youth Center:** (30SVS/SVYY, 6-2152)
 - **Girls Youth Softball:** Registration runs through 16 Feb 01, or until teams are full. The Diana Softball League is for girls 6-14. Don't miss out. Sign up at the Youth Center.
 - **Youth Baseball:** Registration runs through 16 Feb 01, or until teams are full. The Baseball League is for ages 5-13. Don't miss out. Sign up at the Youth Center.
 - **Twirling Lessons:** 6 Feb 01: 6 week course in Twirling taught by Nicki Rains of the Lompoc Victory Twirlers. Class runs Tuesdays from 1630-1715 at the Youth Center Gym. Cost \$29 (\$24 for members). Don't miss out, sign up today!
- g. **Marshallia Ranch Golf Course:** (30SVS/SVRG, 6-6262)
 - **Ladies Priority:** Every Wednesday 0830-0900.
 - **Ladies Challenge Professional Golf Tournament.** Today through 1 Feb 01. Spectators are invited to watch tomorrow's LPGA stars during their 3-day tournament at Marshallia Ranch.
- h. **Rod & Gun Club:** (30 SVS/SVRO, 6-4560)
 - **Open Skeet:** Open skeet and trap shooting every Wed, Fri, Sat and Sun at 0830, except for special events.
 - **Five Stand Sporting Clays:** 2nd and 4th Tuesday each month.
- i. **Skills Development Center:** (30SVS/SVRS, 6-6438)
 - **Auto Hobby Shop:** Grand Opening: 6 Feb 01, 0900.
- j. **Outdoor Recreation:** (30SVS/SVRO, 6-0960)
 - **Rafting Volunteers:** The VAFB Rafting Team is seeking volunteers for their White Water Guide School. Anyone interested contact Outdoor Rec.

Education Services & Human Resources Flight: (30MSS/DPHS, 5-5902)

a. Scholastic Aptitude Test (SAT): The next Scholastic Aptitude Test (I) is scheduled for Saturday, Feb 24, 2001 at 8:00 a.m. in Bldg 14002 provided enough people are scheduled. This test is for military personnel only. The SAT I is a three-hour test, primarily multiple-choice, that measures verbal and mathematical reasoning abilities. SAT scores are required for various commissioning programs. Call Debbie Johnson, at ext. 5-5902, for an appointment.

b. Formal and Base Training Office Closure: The Formal and Base Training Offices in Bldg. 14002 will be closed on Fridays for training until further notice. Formal Training will be open *for pickup of orders only* on Fridays.

c. CCAF Graduation Transcript Deadline: The Community College of the Air Force (CCAF) graduation is fast approaching. Students who have completed all course requirements and need transcripts submitted to CCAF, should submit their requests to: 30 MSS/DPHE, Attn: Michelle Schrage, no later than Thursday, 15 Feb 01. Transcripts, along with the degree nomination letter from the counselor, must be at the CCAF, Maxwell AFB, on 23 Feb 01. No exceptions.

Personal Computer Training Class Schedule: (30CS/MCA, 6-3771)

Listed below is a current 30 SW personal computer systems training schedule. Classes are open to active duty military and DOD employees only. Walk-ins are welcome on a space available basis. To register, or for additional information, contact Ms. Lexi Schwartz via base email. If you do not receive a confirmation of your registration within two days, please contact us to see if we did receive it. For

questions only, not reservations, call 6-3771. You will probably reach an answering machine, so please leave a message and we will call you back. The classes do not require knowledge of the individual programs but a working knowledge of Windows is required. We recommend taking the classes in the following order: Word; Excel; PowerPoint; Access.

New Classes:

a. Palm PDA— Beginning. This class is for those who have a Palm OS PDA (Personal Digital Assistant) and want to learn how to use it. Awareness of using it on a base network, how to get the most of the Palm, and installing applications are covered.

b. Palm PDA— Day Planning. This class is for those who are comfortable using their Palm PDAs but are looking for ways to make life faster and easier, how to get the most out of the device.

c. Computer Based Training (CBT) Facility: In addition to the existing traditional instructor led courses offered at the computer training facility located within Bldg. 9360, MCA Engineers, Inc. also reserves specific 4 hour blocks of time for those students interested in completing Computer Based Training (CBT) courseware. This provides an alternate method for those military or DOD civilians who are unable to satisfactorily complete CBT's at their Personal Computer in their regular work environment. Currently, eight of the twelve available seats are reserved for use by Workgroup Managers. Openings are available most days from 08:30-11:30 and 12:30 to 16:00. Call to schedule.

Classes are held in Building 9360. Take Washington to Nevada, turn west on Nevada, turn onto 4th Street, we're the last building on the right.

Dates	Class Name	Instructor:	Time	Open Slots	Wait List
Instructor Led					
February 2001					
2/5-7	Excel 97	James Wooding	08:00-11:30	0	6
2/5	Outlook 98 Email Only	James Wooding	12:30-16:00	5	0
2/6	Outlook 98 Email Only	James Wooding	12:30-16:00	13	0
2/7-9	Word 97	Lexi Schwartz	12:30-16:00	4	0
2/12-16	Access 97 Advanced	Lexi Schwartz	08:00-11:30	8	0
2/12-13	Outlook	James Wooding	12:30-16:00	4	0
2/16	Outlook Email Only	James Wooding	12:30-16:00	5	0
2/20-23	PowerPoint 97	James Wooding	08:00-11:30	0	3
2/20	Excel 97 Advanced	James Wooding	12:30-16:00	7	0
2/21	Word 97 Advanced	Lexi Schwartz	12:30-16:00	1	0
2/23	Outlook Email Only	James Wooding	12:30-16:00	9	0
2/26-2	Access 97	Lexi Schwartz	08:00-11:30	0	6
2/28-2	Excel 97	James Wooding	12:30-16:00	1	0
March 2001					
3/5-7	Word 97	Lexi Schwartz	08:00-11:30	11	0
3/5	Outlook Email Only	James Wooding	12:30-16:00	14	0
3/6-9	PowerPoint 97	James Wooding	12:30-16:00	8	0
3/12-15	Project 98	Lexi Schwartz	08:00-11:30	12	0
3/12	Outlook Email Only	James Wooding	12:30-16:00	14	0
3/14	Palm PDA - Beginning	James Wooding	12:30-16:00	9	0
3/16	Outlook Email Only	James Wooding	12:30-16:00	13	0
3/19-21	Excel 97	James Wooding	08:00-11:30	9	0
3/19-23	Access 97	Lexi Schwartz	12:30-16:00	1	0
3/26-30	Access 97 Advanced	Lexi Schwartz	08:00-11:30	12	0
3/28-30	Word 97	James Wooding	12:30-16:00	14	0
Security					
February 2001					
2/14	SATE Managers	Dianne Raynor	08:00-11:30	12	0
2/28	EMSEC Training	Dianne Raynor	08:00-11:30	12	0
March 2001					
3/14	Certification & Accreditation	Dianne Raynor	08:00-11:30	8	0

For Sale: 1981 **Cadillac** Coupe De Ville. Excellent condition, new paint job, immaculate interior, only 79K miles. \$1,500.00 firm: Call 736-8857 after 1730.